

The Bachelor of Kinesiology at UBC is a four-year program that can start a career in Kinesiology, active health research, education, recreation, or sports. While the core courses are consistent in Years 1 and 2 for all students, there are three streams available for Years 3 and 4. See page 2 for descriptions of the streams.

**Direct admission to Year 1** of the B. Kin requires the following high school courses:

- Any English Language Arts 11 **and** one of English Studies 12 or English First Peoples 12
- One of Pre-Calculus 12, Biology or A&P 12, Chemistry 12 or Physics 12
- Language 11 or waiver;
- Science 11
- One of Pre-Calculus 11 or Foundations of Math 12

**Transfer students** must also meet these requirements or post-secondary equivalent courses.

Year 1 UBC BKin Courses (for all streams)	TRU Courses	Prerequisites for TRU Courses
ENGL 112 or WRDS 150	ENGL 1100	English Studies 12 <b>or</b> English First Peoples 12 <b>or</b> equivalent
KIN 110	BIOL 1592 and 1594	BIOL 12 <b>or</b> A&P 12 <b>or</b> BIOL 0600 C+ min. <b>AND</b> CHEM 11 <b>or</b> CHEM 0500
KIN 120	PHED 1230	
KIN 131	No equivalent offered; take at UBC-O; <b>take an extra elective for now*</b>	
KIN 132	BIOL1692 and 1694	BIOL 1592 C min.
KIN 150	PHED 2140	2 <sup>nd</sup> Year Standing
KIN 160	PHED 2110	
Electives – 9 credits*		
Year 2 UBC BKin Courses (for all streams)	TRU Courses	Prerequisites for TRU Courses
KIN 205	No equivalent offered; take at UBC-O; <b>take an extra elective for now*</b>	
KIN 206	No equivalent offered; take at UBC-O; <b>take an extra elective for now*</b>	
KIN 211	PHED 2210	
KIN 216	PHED 1000	
KIN 232	No equivalent offered; take at UBC-O; <b>take an extra elective for now*</b>	
KIN 235	PHED 2150	BIOL 1692
KIN 262	PHED 2130	
Electives – 9 credits*		

\* Careful planning of electives is required depending on educational goals and the different streams. Future enrolment in Bachelor of Education, Physical Education, Medicine, Physical Therapy, and Occupational Therapy are some potential future goals.

Referenced from University of British Columbia. Current as of 2021/2022

## TRU PHED TRANSFER GUIDE TO UBC

**GPA REQUIREMENT:** Admission is very competitive and transfer students should be prepared to have a competitive GPA of at least 3.5 (on a 4.0 scale) calculated on a minimum of 24 transferable credits or the most recent 30 credits. Transfer information for TRU PHED courses and other courses to UBC is available online at [bctransferguide.ca](http://bctransferguide.ca).

**STREAMS** (descriptions from UBC website):

NEUROMECHANICAL and PHYSIOLOGICAL SCIENCES: The courses in this stream will explore human structure and function responsible for movement; from the physiological, neural, mechanical, and behavioural mechanisms and their interactions, to how these components affect and are affected by factors such as physical activity, aging, and disease.

SOCIAL and BEHAVIOURAL SCIENCES: The courses in this stream will examine psychosocial, historical, and cultural understanding of sport, physical activity and health behaviour and its impact on individuals and within societies.

MULTI-DISCIPLINARY SCIENCE: Students registered in this stream will choose courses from the mechanical, physiological, psychological, sociological, and pedagogical branches of kinesiology, thereby designing a cross-disciplinary program of study.

TRU First-Year Science	Prerequisites for TRU Courses
MATH 1150 and 1250 or 1140 and 1240	Pre-Calculus 12 (C+ or higher within the past two years)
BIOL 1110 and 1210	BIOL 11/Life Sciences 11 (C+) or BIOL 12/A&P 12 (C+); CHEM 11
PHYS 1100 and 1200 or PHYS 1150 and 1250	PHYS 11 and Pre-Calculus 12 PHYS 12 and Pre-Calculus 12
CHEM 1500 AND CHEM 1510 or 1520	CHEM 11 or 12/Pre-Calculus 12 CHEM 1500 (C-) and CHEM 11 or CHEM 1500 (C-) and CHEM 12 (B)

**DUAL DEGREE:** Bachelor of Kinesiology/Bachelor of Education Secondary: Physical Education. It is possible to complete a dual degree in Kinesiology and Education Refer to the UBC website for more information. <http://kin.educ.ubc.ca/programs/undergrad-bkin/>

### UBC Admissions and Kinesiology Contact Information

<p>Enrolment Services Brock Hall, 1874 East Mall Vancouver, BC V6T 1Z1</p> <p>School of Kinesiology Vancouver Campus 210-6081 University Boulevard Vancouver, BC V6T 1Z1</p>	<p>Website: <a href="https://www.ubc.ca/prospective-students/">https://www.ubc.ca/prospective-students/</a></p> <p>Email: <a href="mailto:kin.advising@ubc.ca">kin.advising@ubc.ca</a></p> <p>Phone: (604) 822-4512</p> <p>Website: <a href="http://kin.educ.ubc.ca/programs/undergrad-bkin/">http://kin.educ.ubc.ca/programs/undergrad-bkin/</a></p>
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#### NOTE

This information is intended as a guideline for students planning to apply for admission to the Bachelor of Kinesiology at UBC. Admission requirements can change; it is the **student's** responsibility to check they have met the requirements of the institution and chosen program.

UBC (Credits)	TRU (Credits)
ENGL 112 or WRDS 150	ENGL 1100 (Introduction to University Writing)
KIN 110 (Formerly KIN 190 at UBC)	BIOL 1592 & 1594 (Human Biology: Anatomy and Physiology 1)
KIN 120 (Formerly KIN 103 at UBC)	PHED 1230 (Conditioning)
KIN 132 (Formerly KIN 191 at UBC)	BIOL 1692 & 1694 (Human Biology: Anatomy and Physiology 2)
KIN 150 (Formerly KIN 231 at UBC)	PHED 2140 (Psychology of Sport and Physical Activity)
KIN 160 (Formerly KIN 161 at UBC)	PHED 2110 (An Introduction to the Study of Sport)
KIN 211 (Formerly KIN 230 at UBC)	PHED 2210 (The Dynamics of Motor Skill Acquisition)
KIN 216 (Formerly KIN 151 at UBC)	PHED 1000 (Biomechanics)
KIN 235 (Formerly KIN 275 at UBC)	PHED 2150 (Exercise Physiology)
KIN 262 (Formerly KIN 261 at UBC)	PHED 2130 (Sport in Canadian Society)